



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Trubjanski, Heiko

Number: 79

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:19

Speed: 14.52 km/h

Running performance: 4:08 min/km

Rank in course/Total: 63 (of 338)

Rank in course/Men: 31 (of 260)

Best time in course: 31:03

Rank in category: 7(of 50)

Best time in the category: 38:56