



6. Drei-Kirchen-Neujahrslauf  
Günthersleben / 18.01.2015

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt

Number: 53

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 41:59

Speed: 14.29 km/h

Running performance: 4:12 min/km

Rank in course/Total: 75 (of 338)

Rank in course/Men: 37 (of 260)

Best time in course: 31:03

Rank in category: 2(of 30)

Best time in the category: 36:18