



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Panse, Jens

Number: 165

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:38

Speed: 13.75 km/h

Running performance: 4:22 min/km

Rank in course/Total: 105 (of 338)

Rank in course/Men: 51 (of 260)

Best time in course: 31:03

Rank in category: 13(of 50)

Best time in the category: 38:56