



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Ungelenk, Bernd

Number: 152

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 44:01

Speed: 13.63 km/h

Running performance: 4:24 min/km

Rank in course/Total: 113 (of 338)

Rank in course/Men: 54 (of 260)

Best time in course: 31:03

Rank in category: 6(of 30)

Best time in the category: 36:18