



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Messing, Wolfgang

Number: 162

Course: 10.00 km

Hauptlauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 44:38

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 123 (of 338)

Rank in course/Men: 59 (of 260)

Best time in course: 31:03

Rank in category: 1(of 12)

Best time in the category: 44:38