



6. Drei-Kirchen-Neujahrslauf  
Günthersleben / 18.01.2015

Detailed evaluation

Topf, Ingolf

Club: SV Günthersleben 1960  
Number: 58

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 50:09

Speed: 11.96 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 235 (of 338)

Rank in course/Men: 105 (of 260)

Best time in course: 31:03

Rank in category: 8(of 20)

Best time in the category: 39:14