



6. Drei-Kirchen-Neujahrslauf  
Günthersleben / 18.01.2015

Detailed evaluation

Lugauer, Michael

Club: Vehemare Ultras  
Number: 22

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 54:44

Speed: 10.96 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 299 (of 338)

Rank in course/Men: 125 (of 260)

Best time in course: 31:03

Rank in category: 18(of 38)

Best time in the category: 31:03