



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Ritter, Frank

Number: 78

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:39

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 305 (of 338)

Rank in course/Men: 126 (of 260)

Best time in course: 31:03

Rank in category: 25(of 50)

Best time in the category: 38:56