



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Knaak, Susan

Club: Fitness First Göttingen
Number: 74

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:50

Speed: 9.70 km/h
Running performance: 6:11 min/km

Rank in course/Total: 329 (of 338)

Rank in course/Women: 38 (of 78)

Best time in course: 40:11

Rank in category: 8(of 16)

Best time in the category: 43:42