



6. Drei-Kirchen-Neujahrslauf  
Günthersleben / 18.01.2015

Detailed evaluation

**Knaak, Susan**

Club: Fitness First Göttingen

Number: 74

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:50

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 329 (of 338)

Rank in course/Women: 38 (of 78)

Best time in course: 40:11

Rank in category: 8(of 16)

Best time in the category: 43:42