



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Dembeck, Luca Cedrik

Club: GS-Sonnenhof  
Number: 28

Course: 1.00 km  
Schülerlauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 4:25

Speed: 13.58 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 31 (of 196)

Rank in course/Men: 25 (of 85)

Best time in course: 3:16

Rank in category: 11(of 43)

Best time in the category: 4:00