



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Kornhas, Christoph

Club: Winterstein
Number: 234

Course: 5.00 km
5 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 17:46

Speed: 16.89 km/h
Running performance: 3:33 min/km

Rank in course/Total: 1 (of 227)

Rank in course/Men: 1 (of 124)

Best time in course: 17:46

Rank in category: 1(of 9)

Best time in the category: 17:46