



3Türmelauf  
Bad Langensalza / 19.04.2015

## Detailed evaluation

Rümppler, Maurice

Club: SV Creaton Großengottern  
Number: 149

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U16 (14-15 Jahre)

Total time: 21:45

Speed: 13.79 km/h  
Running performance: 4:21 min/km

Rank in course/Total: 9 (of 227)

Rank in course/Men: 8 (of 124)

Best time in course: 17:46

Rank in category: 3(of 19)

Best time in the category: 19:24