



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Leifeld, Nico

Club: BL Sharks
Number: 193

Course: 5.00 km
5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 21:45

Speed: 13.79 km/h
Running performance: 4:21 min/km

Rank in course/Total: 10 (of 227)

Rank in course/Men: 8 (of 124)

Best time in course: 17:46

Rank in category: 1(of 11)

Best time in the category: 21:45