



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Deiseroth, Andreas

Club: Salza-Gymnasium

Number: 19

Course: 5.00 km

5 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 22:17

Speed: 13.46 km/h

Running performance: 4:28 min/km

Rank in course/Total: 14 (of 227)

Rank in course/Men: 13 (of 124)

Best time in course: 17:46

Rank in category: 3(of 9)

Best time in the category: 17:46