



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Listemann, Andy

Club: BSG Sparkasse Unstrut-Hainich e.V.  
Number: 105

Course: 5.00 km  
5 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 25:04

Speed: 11.97 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 34 (of 227)

Rank in course/Men: 29 (of 124)

Best time in course: 17:46

Rank in category: 5(of 11)

Best time in the category: 21:45