



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Klös, Karsten

Club: Hobbyläufer  
Number: 86

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 25:07

Speed: 11.94 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 35 (of 227)

Rank in course/Men: 30 (of 124)

Best time in course: 17:46

Rank in category: 2(of 8)

Best time in the category: 21:12