



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Hiese, Cara

Club: SV Creaton Großengottern
Number: 64

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 25:52

Speed: 11.60 km/h
Running performance: 5:10 min/km

Rank in course/Total: 45 (of 227)

Rank in course/Women: 8 (of 103)

Best time in course: 20:41

Rank in category: 2(of 14)

Best time in the category: 24:23