



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Heinke, Christin

Club: Altengottern
Number: 60

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 25:56

Speed: 11.57 km/h
Running performance: 5:11 min/km

Rank in course/Total: 46 (of 227)

Rank in course/Women: 9 (of 103)

Best time in course: 20:41

Rank in category: 1(of 4)

Best time in the category: 25:56