



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Hauer, Frank

Club: Weimar
Number: 54

Course: 5.00 km
5 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 25:56

Speed: 11.57 km/h
Running performance: 5:11 min/km

Rank in course/Total: 47 (of 227)

Rank in course/Men: 38 (of 124)

Best time in course: 17:46

Rank in category: 3(of 9)

Best time in the category: 22:34