



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Görke, Janik

Club: SV Empor
Number: 236

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 26:22

Speed: 11.38 km/h
Running performance: 5:16 min/km

Rank in course/Total: 56 (of 227)

Rank in course/Men: 46 (of 124)

Best time in course: 17:46

Rank in category: 7(of 22)

Best time in the category: 21:26