



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Bär, Ben Michell

Club: Salza-Gymnasium

Number: 3

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 26:40

Speed: 11.25 km/h

Running performance: 5:20 min/km

Rank in course/Total: 64 (of 227)

Rank in course/Men: 52 (of 124)

Best time in course: 17:46

Rank in category: 8(of 22)

Best time in the category: 21:26