



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Ickstadt, Günter

Club: Bad Langensalza
Number: 74

Course: 5.00 km
5 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 27:26

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 76 (of 227)

Rank in course/Men: 61 (of 124)

Best time in course: 17:46

Rank in category: 3(of 4)

Best time in the category: 23:14