



3Türmelauf  
Bad Langensalza / 19.04.2015

## Detailed evaluation

**Löwe, Martin**

Club: SV Blau-Weiß Goldbach-Hochheim  
Number: 110

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 27:36

Speed: 10.87 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 80 (of 227)

Rank in course/Men: 64 (of 124)

Best time in course: 17:46

Rank in category: 9(of 9)

Best time in the category: 17:46