



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Koch, Irene

Club: Salza-Gymnasium

Number: 89

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 28:06

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 88 (of 227)

Rank in course/Women: 21 (of 103)

Best time in course: 20:41

Rank in category: 5(of 20)

Best time in the category: 20:41