



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Koch, Irene

Club: Salza-Gymnasium
Number: 89

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 28:06

Speed: 10.68 km/h
Running performance: 5:37 min/km

Rank in course/Total: 88 (of 227)

Rank in course/Women: 21 (of 103)

Best time in course: 20:41

Rank in category: 5(of 20)

Best time in the category: 20:41