



3Türmelauf  
Bad Langensalza / 19.04.2015

## Detailed evaluation

Winterberg, Martin

Club: Bad Langensalza  
Number: 184

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 28:13

Speed: 10.63 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 90 (of 227)

Rank in course/Men: 68 (of 124)

Best time in course: 17:46

Rank in category: 1(of 2)

Best time in the category: 28:13