



3Türmelauf  
Bad Langensalza / 19.04.2015

## Detailed evaluation

**Knothe, Julian**

Club: Salza-Gymnasium  
Number: 87

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 28:49

Speed: 10.41 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 104 (of 227)

Rank in course/Men: 77 (of 124)

Best time in course: 17:46

Rank in category: 10(of 22)

Best time in the category: 21:26