



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Rösener, Kristin

Club: Traco
Number: 145

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 28:50

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 105 (of 227)

Rank in course/Women: 28 (of 103)

Best time in course: 20:41

Rank in category: 4(of 8)

Best time in the category: 23:41