



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Lux, Detlef

Club: Wiegleben
Number: 203

Course: 5.00 km
5 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:51

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 106 (of 227)

Rank in course/Men: 78 (of 124)

Best time in course: 17:46

Rank in category: 2(of 2)

Best time in the category: 26:01