



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

#### Schreiber, Bettina

Club: Salza Vita Gesundheitszentrum UG  
Number: 156

Course: 5.00 km  
5 km - Lauf

#### Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 30:13

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 122 (of 227)

Rank in course/Women: 38 (of 103)

Best time in course: 20:41

Rank in category: 2(of 2)

Best time in the category: 28:34