



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Schreiber, Bettina

Club: Salza Vita Gesundheitszentrum UG
Number: 156

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 30:13

Speed: 9.93 km/h
Running performance: 6:02 min/km

Rank in course/Total: 122 (of 227)

Rank in course/Women: 38 (of 103)

Best time in course: 20:41

Rank in category: 2(of 2)

Best time in the category: 28:34