



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Seher, Leo

Club: Salza-Gymnasium

Number: 159

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 30:25

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 131 (of 227)

Rank in course/Men: 90 (of 124)

Best time in course: 17:46

Rank in category: 14(of 19)

Best time in the category: 19:24