



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Friedrich, Johanna

Club: Salza-Gymnasium
Number: 34

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 30:55

Speed: 9.70 km/h
Running performance: 6:11 min/km

Rank in course/Total: 139 (of 227)

Rank in course/Women: 46 (of 103)

Best time in course: 20:41

Rank in category: 5(of 17)

Best time in the category: 25:28