



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Seidel, Kara

Club: Sv empor
Number: 162

Course: 5.00 km
5 km - Lauf

Category:
weibliche Kinder U12 (10-11 Jahre)

Total time: 31:44

Speed: 9.45 km/h
Running performance: 6:21 min/km

Rank in course/Total: 150 (of 227)

Rank in course/Women: 50 (of 103)

Best time in course: 20:41

Rank in category: 2(of 5)

Best time in the category: 26:28