



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Hofmann, Laura

Club: Salza-Gymnasium
Number: 67

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 32:54

Speed: 9.12 km/h
Running performance: 6:35 min/km

Rank in course/Total: 163 (of 227)

Rank in course/Women: 59 (of 103)

Best time in course: 20:41

Rank in category: 3(of 8)

Best time in the category: 28:52