



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Lorenz, Judith

Club: Salza-Gymnasium  
Number: 109

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U20 (18-19 Jahre)

Total time: 32:59

Speed: 9.10 km/h  
Running performance: 6:36 min/km

Rank in course/Total: 164 (of 227)

Rank in course/Women: 60 (of 103)

Best time in course: 20:41

Rank in category: 4(of 8)

Best time in the category: 28:52