



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

#### Degenhardt, Selina

Club: Salza-Gymnasium

Number: 17

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 34:48

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 186 (of 227)

Rank in course/Women: 73 (of 103)

Best time in course: 20:41

Rank in category: 15(of 20)

Best time in the category: 20:41