



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Lehnert, Franziska

Club: Frankfurt am Main
Number: 99

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 35:51

Speed: 8.37 km/h
Running performance: 7:10 min/km

Rank in course/Total: 196 (of 227)

Rank in course/Women: 77 (of 103)

Best time in course: 20:41

Rank in category: 3(of 4)

Best time in the category: 25:56