



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Kuhners, John

Club: FSV Preussen
Number: 247

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 39:10

Speed: 7.66 km/h
Running performance: 7:50 min/km

Rank in course/Total: 207 (of 227)

Rank in course/Men: 120 (of 124)

Best time in course: 17:46

Rank in category: 19(of 19)

Best time in the category: 19:24