



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Bauer, Frank

Club: Salzaläufer

Number: 176

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:59

Speed: 15.32 km/h

Running performance: 3:46 min/km

Rank in course/Total: 2 (of 193)

Rank in course/Men: 2 (of 142)

Best time in course: 42:15

Rank in category: 1(of 25)

Best time in the category: 46:59