



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Herrmann, Lukas

Club: Salza-Gymnasium

Number: 62

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 42:30

Speed: 7.06 km/h

Running performance: 8:30 min/km

Rank in course/Total: 215 (of 227)

Rank in course/Men: 123 (of 124)

Best time in course: 17:46

Rank in category: 10(of 11)

Best time in the category: 22:11