



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Morgenweck, Sebastian

Club: Eisenach  
Number: 177

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:15

Speed: 14.93 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 4 (of 193)

Rank in course/Men: 4 (of 142)

Best time in course: 42:15

Rank in category: 2(of 22)

Best time in the category: 42:15