



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Howe, Emma Sophie

Club: Salza-Gymnasium

Number: 71

Course: 5.00 km

5 km - Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 44:10

Speed: 6.79 km/h

Running performance: 8:50 min/km

Rank in course/Total: 221 (of 227)

Rank in course/Women: 97 (of 103)

Best time in course: 20:41

Rank in category: 17(of 17)

Best time in the category: 25:28