



3Türmelauf

Bad Langensalza / 19.04.2015

Detailed evaluation

Schwirtzke, Jonas

Club: Luisenthaler SV

Number: 125

Course: 12.50 km

12,5 km -Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 53:00

Speed: 13.58 km/h

Running performance: 4:14 min/km

Rank in course/Total: 8 (of 193)

Rank in course/Men: 7 (of 142)

Best time in course: 42:15

Rank in category: 1(of 5)

Best time in the category: 53:00