



## 3Türmelauf

Bad Langensalza / 19.04.2015

### Detailed evaluation

#### Noack, Gisela

Club: Salza Vita Gesundheitszentrum UG  
Number: 127

Course: 5.00 km  
5 km - Lauf

#### Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 46:48

Speed: 6.41 km/h

Running performance: 9:22 min/km

Rank in course/Total: 225 (of 227)

Rank in course/Women: 101 (of 103)

Best time in course: 20:41

Rank in category: 2(of 2)

Best time in the category: 44:42