



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Fricke, Stefan

Club: Erfurt
Number: 174

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 54:05

Speed: 13.31 km/h
Running performance: 4:20 min/km

Rank in course/Total: 17 (of 193)

Rank in course/Men: 16 (of 142)

Best time in course: 42:15

Rank in category: 3(of 13)

Best time in the category: 53:00