



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Lempke, Linda

Club: Fat Fighters  
Number: 74

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 55:24

Speed: 13.54 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 23 (of 193)

Rank in course/Women: 2 (of 51)

Best time in course: 53:49

Rank in category: 1(of 7)

Best time in the category: 55:24