



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Höpping, Stefan

Club: SG Wachsenburg Haarhausen  
Number: 53

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 55:40

Speed: 12.93 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 24 (of 193)

Rank in course/Men: 22 (of 142)

Best time in course: 42:15

Rank in category: 4(of 22)

Best time in the category: 42:15