



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

Friedrich, Angi

Club: GKN Sinter Metals, Bad Langensalza  
Number: 35

Course: 12.50 km  
12,5 km -Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 55:47

Speed: 12.91 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 25 (of 193)

Rank in course/Women: 3 (of 51)

Best time in course: 53:49

Rank in category: 1(of 5)

Best time in the category: 55:47