



3Türmelauf  
Bad Langensalza / 19.04.2015

Detailed evaluation

**Köhler, Jan**

Club: Haller Fuchs  
Number: 62

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 56:11

Speed: 12.82 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 27 (of 193)

Rank in course/Men: 24 (of 142)

Best time in course: 42:15

Rank in category: 3(of 20)

Best time in the category: 52:50