



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Martin, Röth

Club: BL Sharks
Number: 49

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 57:34

Speed: 12.51 km/h
Running performance: 4:37 min/km

Rank in course/Total: 30 (of 193)

Rank in course/Men: 27 (of 142)

Best time in course: 42:15

Rank in category: 4(of 13)

Best time in the category: 53:00