



3Türmelauf
Bad Langensalza / 19.04.2015

Detailed evaluation

Herrmann, Steffen

Club: Bad Langensalza
Number: 47

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 58:40

Speed: 12.27 km/h
Running performance: 4:41 min/km

Rank in course/Total: 38 (of 193)

Rank in course/Men: 34 (of 142)

Best time in course: 42:15

Rank in category: 4(of 20)

Best time in the category: 52:50